

Participation in leisure time activities

NNDR 2009

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National Board of Social Services

- Survey conducted in 2003
- Political aim is to include people with disability in all aspects of everyday-life
- Participation is needed if real citizenship should be realized
- Surveys that indicate that people with disability are more likely to end up lonesome or isolated

Findings – small changes but possibilities



- 1,7 pct. people with disability the association in 2008
- 1,1 pct in 2003

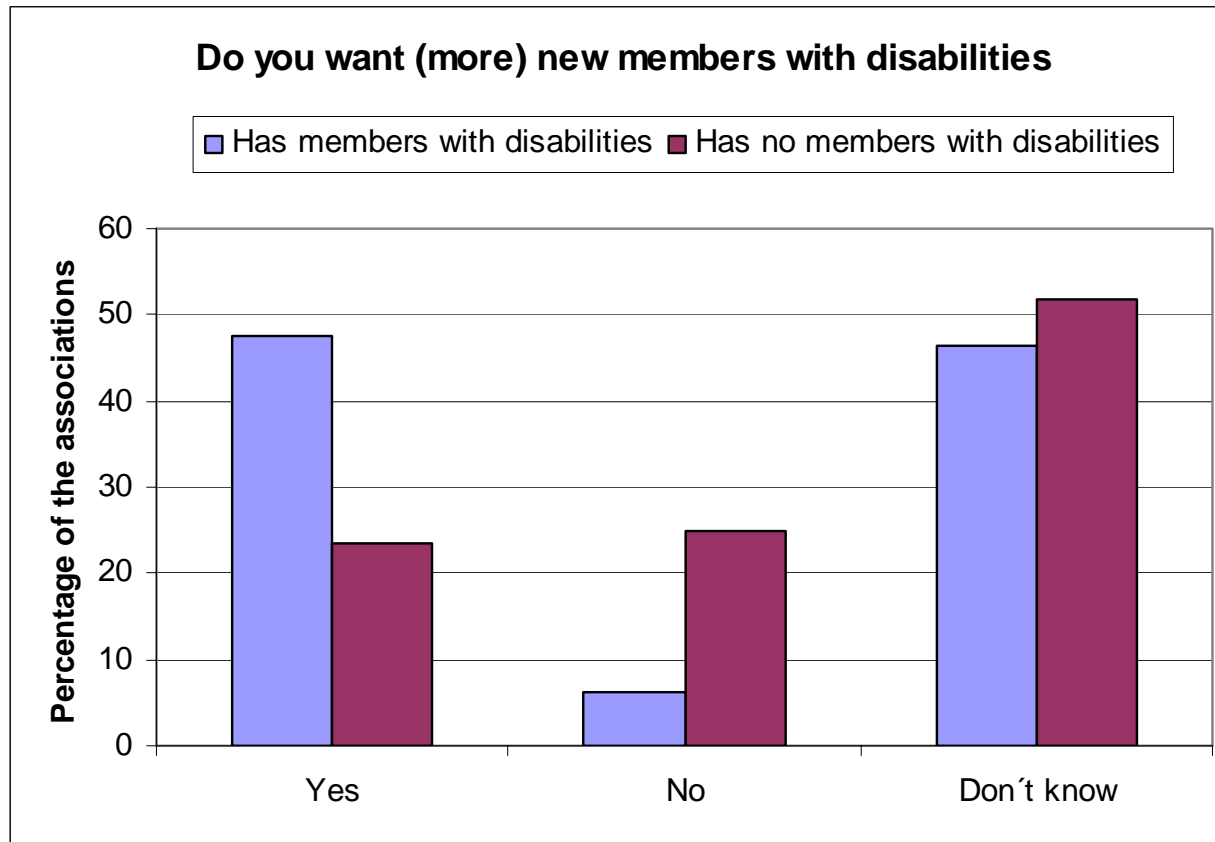
- App. 40 pct. of the associations had people with disabilities in 2008. In 2003 it was app. 30 pct.

- These are positive result BUT.
 - People with disabilities was in general 6,5 pct in 2003
 - In 2008 it was 8 – 13 pct

 - Very much focus on ADHD – might have influenced the results

- App. 30 pct. Says that people with different disabilities cannot participate. For people with multiple disabilities it is 48 pct.

- The survey repeats the findings from 2003, that knowledge to people with disability has an impact on the imagined difficulties of inclusion.



- Imagined difficulties in the associations:
 - Trainers need special training
 - It is very expensive to rebuild
 - People with disabilities cannot participate as others
- Attitudes
 - "As a political organisation it can be problematic to let people with mental disabilities being active members"

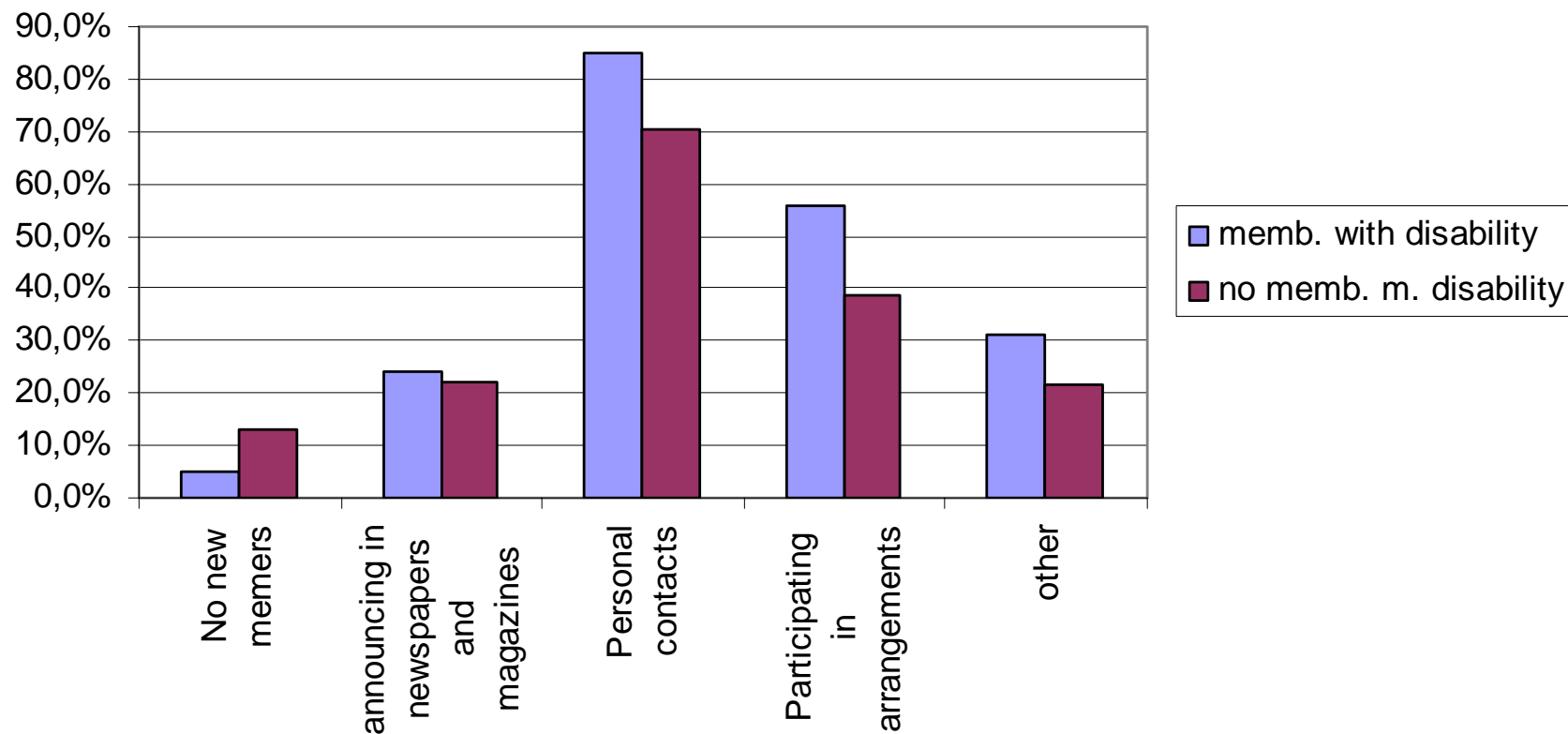
- Two contradictory tendencies
 - Inclusion
 - Segregation
- Preconditions for inclusion and participation
 - Full membership
 - Contributing to the common project/activity
 - Acceptance
 - Mastering

"You feel, that you are so good at it: 'ej, i am good – you dance that well.' It's a nice feeling"

"He is very good at it and i am not. He is one of the persons that can teach me tips and tricks to be better."

"I get a lot of gossip, defenetly. I get some hours in good company"

How did you get new members within the last 12 month



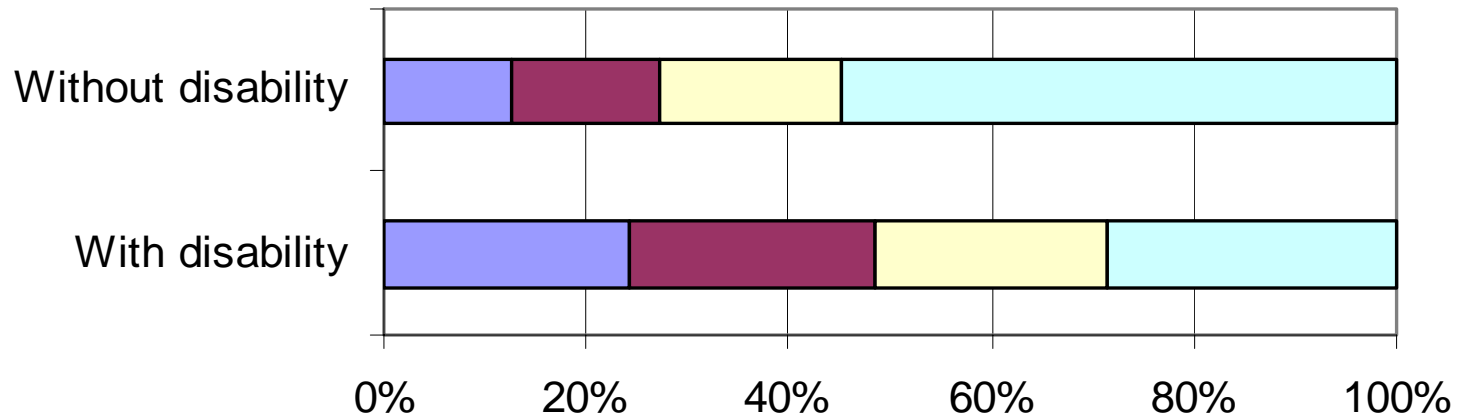
- "It is through networks of people you know. It is not because we have been doing PR among people with disability. They have come because they knew someone"

- "We treat all groups equal. If they want to join us, they are all welcome"
- You have to take the initiative yourself. I think it is very common among people with disability, that they always have to take the initiative. It is a very rough process to come through. That is always you that has to be the one who takes contact. You have to be strong. You have to have resources"
- We have an offer, that we can pick up the members that want to participate, so that they can join us.

- Contact – knowledge

People with disability will have a better offer in special associations for people with disability, than in our association

■ Totally disagree ■ Partially disagree ■ Partially agree ■ Totally agree



What is needed for further inclusion



- Professionals has to think normal
- Contactperson in the association
- Knowledge to the associations – when needed