



- Tentative name;
Intellectual disability and future ageing

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Intellectual Disability and Future Ageing

- Coming research
- Begins with a reflection of present time and self-identity (for example Giddens 1991)
 - create ourselves?
 - plan the ageing?
 - postpone the ageing?
 - by relocate resources
 - save money
 - eat proper and healthy
 - exercise

It is great to be older, ***IF***
you have saved money and have lived a healthy life



This project aims

- to describe and analyse how middle-aged men and women with intellectual disabilities perceive and relate to their future ageing.



research questions:

- About what and how do middle-aged men and women with intellectual disabilities talk about future, ageing and their own ageing?
- What approaches and strategies are included when they think about the future and of ageing?
- About what, and how, do they express the relationship between age, gender, impairments and disability?
- How can the the interaction between these categorizations be understood?



Qualitative study

- participants
20 (10 + 10) men and women with intellectual disabilities,
age 50-55 year
- Videotaped interviews in two phases
 - first interview semi-structured
 - lived experiences and thoughts about four themes;
background, identity, future and age/ageing
 - second (and maybe third), follow up
 - based on the analysis of the first
- preliminary theoretical framework
 - social construction, social categorisation and a
intersectional perspective

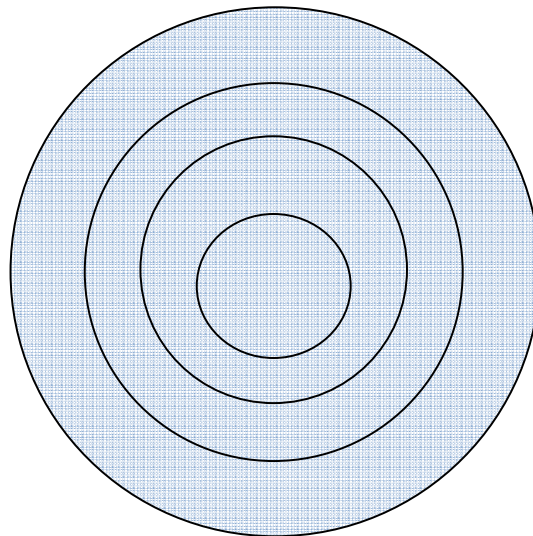


Interview guide

- **Background** and presentation
 - namn, age, housing, upbringing, employment?
 - experiences from school (best/worst memory)
 - experiences from employment and occupation (best/worst)
 - leisure time (best/worst)
 - experiences of support (best/worst)
- **Communication support**
 - **Best/worse memory-** aims to broaden the issue and provide a fuller picture, inspired of Critical Incident Technology (CIT) (Flanagan, 1954),

Interview guide (cont.)

- Background (cont.)
 - family? friends? network? (map of network)
- **simplified network map** - to concretize more than mapping



Please insert the names of people who are important for you. More important = closer to the center of the circle.



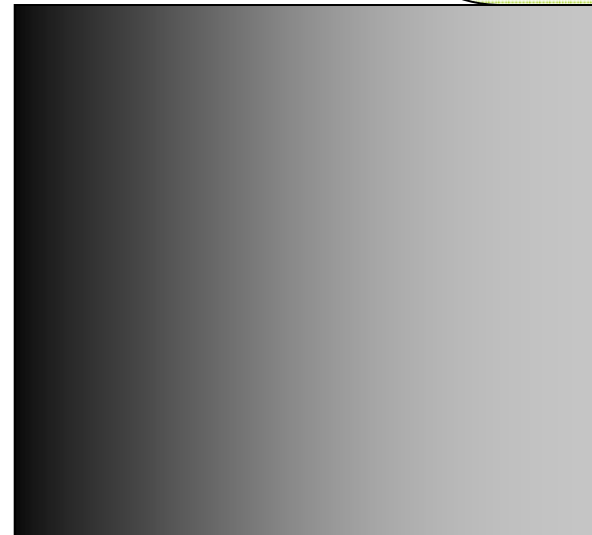
Interview guide (cont.)

Identity

- how will you describe yourself?
- how do you think other will describe you?
- experiences of and with disabilities (grey scale)

A visual and non-verbal aid to capture experiences and attitudes

Please, put a cross to represent your feeling/ experience





Interview guide (cont.)

- **Future**

- what is it for you?
- future plans? (What are you doing when you are 60, 70 etc.) the grey scale

Connecting the future to specific areas such as housing, employment, leisure, family, friends etc.

- **Age and ageing**

- age and ageing associations
- own ageing (grey scale).
- describe an event, a context, when you are/feel old/young



Thank you for your attention!

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